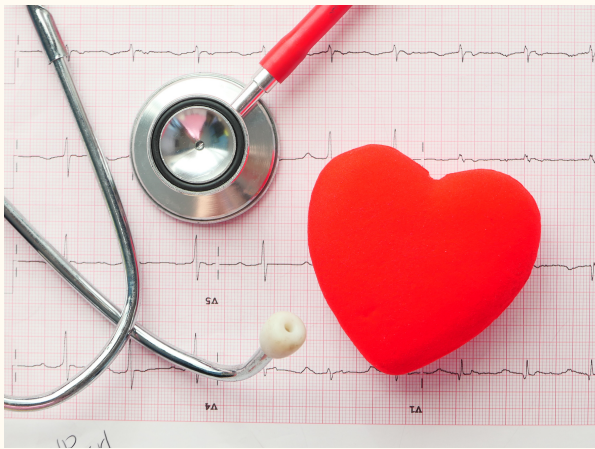


Dalblair Medical Practice

WELCOME TO OUR NEW NEWSLETTER

Edition One- September to
December 2023



Practice Update

In our new quarterly newsletter we aim to provide helpful information and keep our patients up to date with any recent developments.

New Team Member Alert

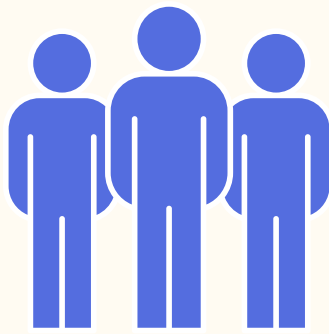
A BIG WELCOME TO OUR FY2 DR NICOLLE ORGILL

Dr Orgill studied Medicine at the University of Aberdeen graduating in 2021. Prior to this Dr Orgill completed another degree in Biological Anthropology at Bournemouth University. Dr Orgill's special interest is Psychiatry Dr Orgill will be with us until December 5th 2023.



MEET YOUR ADMIN TEAM

Practice Manager- Michelle
Assistant Practice Manager-
Hannah
Admin Team
Robert, Rachel, Jess and
Sharon



Our Multidisciplinary Team

PHARMACOTHERAPY - CARMEN AND LINDA



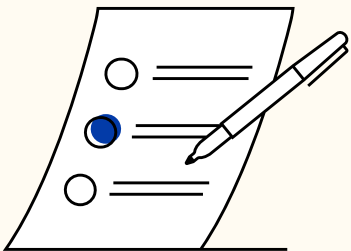
Our Practice Pharmacist Carmen works at the Practice on a Monday and a Thursday and is here to help you use your medicines safely and effectively. You can arrange an appointment with Carmen by speaking to the admin team.

Our Pharmacy Technician Linda works at the Practice on a Friday afternoon and is here to support the Practice Pharmacist Carmen.



[SEE FULL CASE STUDY](#)

COMMUNITY LINKS PRACTITIONER- ARZOO



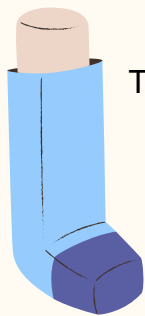
Arzoo our Community Links Practitioner is able to help you work through a wide range of concerns you may have regarding keeping well in the community and is here to help you improve your health and wellbeing.

MENTAL HEALTH PRACTITIONER- JOHANNA

If you are between the ages of 18-64 and have a non-urgent mental health problem, then make an appointment with our Mental Health Nurse Practitioner (MHP) – Johanna can see you for assessment of your mental health.



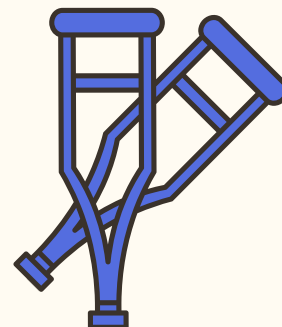
RESPIRATORY NURSE-ALISON



Alison our Respiratory Specialist Nurse, is here alternate Thursdays to review our respiratory patients. Her main focus is to review those who are potentially uncontrolled (e.g. over-ordering reliever inhalers or frequent courses of rescue antibiotics/steroids) and those on high doses of inhaled corticosteroids, and she also supports the Clinicians in reviewing our respiratory patients generally.

OCCUPATIONAL THERAPIST- MOLLY

Molly our Occupational therapist comes into Practice on a Wednesday morning and can support our patients. She can help you to manage everyday activities that you are finding difficult.



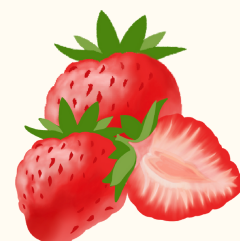
CHILD IMMUNISATION NURSE-SUZANNE



Appointments are sent out by the Health Board for the routine infant immunisations and your child will be recalled automatically for any subsequent immunisations. Immunisations are given by our Immunisation Nurse Suzanne here at the Practice. These clinics are held on alternate Thursday morning by appointment.

DIETCIAN- ELAINE

Our dietician Elaine runs a clinic monthly in the surgery for all aspects of dietary advice. She will see patients at home when necessary. All appointments are made by the dietician.



DISTRICT NURSING TEAM

Our district nursing team who are lead by Staff Nurse Susan McLean provide care for our patients who are unable to come to the Practice or are housebound. The district nurses can be contacted on 01292 513881



2023/2024 Autumn/Winter Vaccination Programme

This programme has started and people who are eligible will receive an appointment letter from the health board inviting them for their flu vaccine and covid boosters. If you cannot attend the appointment allocated on the letter. You can change this via the NHS Inform Booking portal or by calling the National Contact Centre on 0800 030 8013 Those who are eligible will also be invited for shingles and pneumococcal vaccines here at the practice. The Practice Team will contact those who are eligible. More information is available on NHS Inform.



Please remember it is of utmost importance that we have the correct contact details for you. If you change your mobile number /address please contact the surgery to let us know or alternatively this can be done via the practice website. Thank you

ORDERING PRESCRIPTIONS ONLINE

- Are you unable to phone between 10am and 1pm?
- Unable to come in to the practice to order your prescription?
- IF YOU ANSWERED YES TO EITHER OF THESE WE HAVE THE PERFECT SOLUTION FOR YOU!!!!!!! SPEAK TO OUR ADMIN TEAM TODAY



ZERO TOLERANCE POLICY

We have a zero tolerance policy towards people who are violent or verbally abusive to our staff or other people on the premises. Behaviour of this kind will result in removal from the practice list and may result in police action.

USEFUL LINKS & NUMBERS:

[HTTPS://WWW.DALBLAIRMEDICALPRACTICE.CO.UK](https://www.dalblairmedicalpractice.co.uk)

PRACTICE NUMBER:

01292 267432

NHS 24: 111

DISTRICT NURSES: 01292 513881